

A la Carte
MENU





“Have Fun, Relax, Renew & Stay fit.”

Peduase Valley Resort
gives guests extraordinary experiences
through an exemplary offering
of services and facilities.

We provide exceptional
Outside Catering services for your
Weddings, Engagements, Parties,
Funerals, etc.



Peduaase Valley Resort is not a gluten- or allergen-free environment, and while the utmost care is taken to minimize contact with allergens when requested, traces of gluten or other allergens may appear in the final dish served. Our meals are produced in kitchens containing allergens including nuts, gluten, wheat, shellfish, lactose and egg. Kindly let your server know if you're allergic to anything. Prices include VAT. Service charge and drinks are not included. All items are subject to availability. E&OE.

🌿 Breakfast 🌿

(7:00am-11:00am)

Oats/Tom Brown.....	70ghc
Pancakes.....	100ghc
New Yorker.....	170ghc
<i>2 Eggs, Grilled Beef Patty, 2 Sausages, Baked Beans, Mushrooms & Chips, Glass of Juice</i>	
Full English Breakfast	170ghc
<i>2 Eggs, Bacon, 2 Sausages, Grilled Tomato, Baked Beans, Mushrooms & Toast Bread with a glass of juice</i>	

🌿 Appetizers 🌿

(10:00am-11:00pm)

Beef Samosa.....	125ghc
<i>Deep-fried beef samosas with a super savory and spicy ground beef seasoned with ginger, garlic, and an array of spices</i>	
Vegetable Spring Rolls.....	120ghc
<i>Deep-fried with full of colorful veggies rolled up in sambousa wrap</i>	
Falafel with Hummus dip.....	120ghc
Combo Snack.....	175ghc
<i>Selection of Beef Samosa, Vegetable Spring Rolls, Falafel</i>	
Chicken Wings 200g.....	150ghc
<i>Chicken wings choose your flavor (Spicy, BBQ, Grilled, Fried)</i>	
Crispy Fish Cakes (N).....	150ghc
<i>Fish Cakes 150g, Lettuce, Caramelized Orange, seasoned with Sesame oil and avocado strips (seasonal)</i>	
Crispy Prawns (N).....	220ghc
<i>Crispy Prawns 150g, Lettuce, Caramelized Orange, seasoned with Sesame oil and avocado strips (seasonal)</i>	
Calamari Fritto (150g) (N)	150ghc

🌿 Soups 🌿

Ghanaian Soup of the Day (H).....	250ghc
<i>Please ask the waiter for the Ghanaian Soup of today, freshly prepared.</i>	
Vegetable Soup of the Day (V).....	150ghc
<i>Please ask the waiter for the Continental Soup of today, freshly prepared.</i>	



Bowls And Greens



- Grilled Salmon Greens Garden Salad 150g..... 280ghc
Imported Salmon, Lettuce, Cucumber, Feta, Tomato, Avocado (seasonal) and Honey Mustard Dressing
- Beef Cobb Salad 150g.....170ghc
Lettuce, Cherry Tomato, Cheese, Roasted Beef 150g Crispy Bacon, Cucumber, Boiled Egg, Avocado (Seasonal), Honey Balsamic Vinaigrette
- Avocado Shrimp Salad (GF/SG) 150g.....215ghc
Lettuce, Shrimps and Avocado (Seasonal) with Honey Balsamic Vinaigrette sauce
- Caesar Salad (Chicken) 150g.....180ghc
- Greek Salad.....190ghc



Pasta



- Fettuccine Strips of Chicken Alfredo (D) 150g..... 230ghc
Trattoria Dish with Parmesan, Alfredo sauce Chicken breast
- Penne Seafood Marinara (SG) 150g..... 350ghc
Penne served with Mixed Seafood tossed with Marinara Sauce and Parmesan Cheese
- Penne or Spaghetti Pomodoro (H) 100ghc
Spaghetti or Penne, Tomato Sauce with Parmesan cheese
- Spaghetti Bolognese.....200ghc
Spaghetti served with a sauce of minced beef in a rich tomato
- Stir-Fry Vegetable Noodles/Indomie (N).....90ghc
Indonesian Stir-Fry Egg noodles with Vegetable assortments
- Beef Lasagna (D).....200ghc
Lasagna with Flavored Minced Meat, Bechamel Sauce, Melted Mozzarella & Parmesan Cheese



Aromas Of The World



Grains And Pulses


(Served with a side of your choice)

- Rajma Masala (with chapati or plain rice).....150ghc
Lightly spiced, creamy, and delicious Punjabi-style curry made with protein-rich kidney beans and aromatics
- Aloo Gobi(with chapati or plain rice).....150ghc
Chickpeas Flavored in South East Asian Curry
- Lentil Curry(with chapati or plain rice).....150ghc
East African Flat Bread Served with Curried Lentils

🌿 Our Meat and Poultry 🌿

(Served with a side of your choice)

Beef Mongolian and Green Onion (N) 200g.....	240ghc
<i>Stir Fried Minced beef with Garlic, Ginger, Green Onion and Soy Sauce</i>	
Chicken Satay 170g.....	175ghc
<i>Succulent Strips of chicken or beef kebab delicately Cooked to perfection with vegetables served with Satay sauce</i>	
Beef Khebab 170g.....	200ghc
<i>Succulent cubes beef kebab delicately Cooked to perfection with vegetables served with kebab powder, black pepper (Shitor)</i>	
Chicken Thigh or Pieces 250g.....	230ghc
Flame-Grilled Fillet of Beef <i>(with mashed potatoes)</i> 250g.....	200ghc
Flame-Grilled Lamb Chops <i>(with garlic mashed potatoes)</i> 250g.....	470ghc
Roasted Half Chicken Abuja-style (SG)(H) 500g	265ghc
Grilled Chicken Breast 250g.....	250ghc
<i>Served with side salad & Roast sweet potatoes</i>	
Flame-Grilled BBQ Pork Chops 350g.....	310ghc
<i>Served with grilled vegetables & Yam Chips</i>	
Slow Cooked Sweet & Chili Pork Belly 350g.....	270ghc
<i>Served with grilled vegetables & Yam Chips</i>	
Chicken Curry (H) 200g.....	230ghc

Fish and Seafood

(Served with a side of your choice)

Lemon-Herb Crusted Grouper Steak 200g.....	240ghc
<i>Baked Crusted Atlantic Grouper with Sauté Vegetables, and a Delightful Sauce</i>	
Grilled Prawns (S) 200g.	350ghc
<i>Jumbo Prawns Marinated in lemon and ginger grilled to perfection served with side salad</i>	
Herbed Norwegian Salmon (S) 150g.....	430ghc
<i>Imported Norwegian Salmon, brushed with a thin layer of Dijon mustard and crusted with a selection of fresh garden herbs, pan seared to your liking, with salad and Grilled Caramelized Pineapple Chunks</i>	

Our Specialties

(Served with a side of your choice)

Executive Seafood Platter (S).....	550ghc
<i>A delightful combination of Lobster 200g, prawns 200g, calamari 200g and grouper 200g with crushed garlic and ginger in Oyster Sauce.</i>	
Peduase Combo Platter (S).....	375ghc
<i>A delightful combination of Chicken 200g, Pork Spare Ribs 200g and Beef Kebab 170g and Sausage 200g with Crushed Peppercorn Sauce.</i>	
Mixed Platter (S).....	480ghc
<i>A delightful combination of Chicken 200g, Beef Kebab 170g, Grouper 200g, Prawns 200g, with Crushed Peppercorn Sauce.</i>	
Peduase Fried Rice (S).....	280ghc
<i>Egg Fried Rice with Calamari 100g, Shrimps 100g and Chicken 120g with vegetables and a touch of Ghanaian Spices and Side Salad.</i>	
Special Goat Jollof (SG).....	250ghc
<i>Jollof with Spicy Sauteed Goat meat 200g and vegetables, touch of Ghanaian Spices and Side Salad and Fried Plantain.</i>	
Angwamo (SG).....	220ghc
<i>Braised rice with an omelette, sardine, corned beef, vegetables, a touch of Ghanaian Spices.</i>	

Ghana's Specialties

(All proteins are served with a side of your choice, unless otherwise stated)

Chicken Light Soup 200g.....	200ghc
Tilapia Light Soup 200g.....	200ghc
Goat Light Soup 200g.....	200ghc
Whole Spicy Grilled Tilapia 450g.....	240ghc
Fish Palava Sauce 180g.....	170ghc
Assorted Okro Stew (Oilless or with palm oil) 150g.....	190ghc
Gobɛ	150ghc
<i>Beans Stew with Fried Fish & Plantain</i>	
Spicy Fried Catfish (infused with Herbs..... and Sweet & Sour Sauce)	150ghc

Side and Extra Selections

Rice (Jollof Rice, Fried Rice, Vegetable Rice, Plain Rice).....	70ghc
Sweet Potato.....	70ghc
Yam (Boiled, Fried).....	70ghc
Banku/Fufu/ɛba.....	50ghc
Plantain.....	70ghc
Kelewele.....	70ghc
Mashed Potatoes.....	70ghc
French Fries	70ghc
Chapati.....	30ghc
Steamed Vegetables.....	30ghc

🌿 Pizza 🌿

Peduase Pizza (Four Seasons Pizza)

Small (135ghc) / Medium (170ghc) / Large (220ghc)

*Thin Crust, Mozzarella Cheese 100g, Pepperoni 50g,
Chicken 50g, Beef 50g, Pizza Sauce*

Pepperoni Pizza

Small (120ghc) / Medium (150ghc) / Large (200ghc)

*Thin Crust, Mozzarella Cheese 100g, Pepperoni 100g,
Pizza Sauce, Oregano*

Seafood Pizza

Small (145ghc) / Medium (200ghc) / Large (240ghc)

*Thin Crust, Mozzarella Cheese 100g, Assorted trio of seafood 150g,
Sau Pizza Sauce, Oregano*

Supreme Pizza

Small (135ghc) / Medium (170ghc) / Large (220ghc)

*Thin Crust, Mozzarella Cheese 100g, Pepperoni 50g, Ham, Mushroom, Onion, Tomato
ce, Mild Italian Sausage 30g, Green Peppers, Ground Beef 30g,
Green Olives, Cut Bacon Strips*

Chicken BBQ Pizza

Small (115ghc) / Medium (145ghc) / Large (180ghc)

*Thin Crust, Mozzarella Cheese 100g, Chicken 120g, Tomato Sauce,
BBQ Sauce and Onion*

Margherita Pizza(V)

Small (100ghc) / Medium (115ghc) / Large (150ghc)

*Thin Crust, Extra Pizza Sauce topped with a heavenly blend of Mozzarella,
Basil, and Sliced Tomatoes*

🌿 Burgers, Sandwiches, 🌿 & Wraps

Peduase Club

*Traditional Sandwich of Omelet, lettuce, Bacon 80g, chicken flakes 100g
and mayonnaise on toast served with French fries.*

190ghc

Tuna & Cheese Sandwich

*Tuna flakes, lettuce, tomato, Mozza and Mayo on toast
(or fresh bread) served with French fries*

125ghc

Juicy Grilled Beef Cheese Burger

*Solo Patty/Chicken Breast, Cheese, Lettuce, Pickle, Tomato,
Coleslaw Salad, French Fries*

205ghc

Juicy Grilled Chicken Cheese Burger

*Solo Patty/Chicken Breast, Cheese, Lettuce, Pickle, Tomato,
Coleslaw Salad, French Fries*

205ghc

Special Big Daddy Beef Burger

*Duo Patty, Cheese, Pickles, Bacon, Egg, Tomato, Lettuce,
Coleslaw Salad, French Fries*

250ghc

Special Big Daddy Fried Chicken Burger

*Chicken Breast Fried, Cheese, Pickles, Bacon, Egg, Tomato, Lettuce,
Coleslaw Salad, French Fries*

250ghc

Creamy Chicken Wrap

*Grilled and tossed with BBQ sauce, lettuce in a flour
tortilla served with Fries*

190ghc





Dolce



Homemade Carrot Cake (GF).....	115ghc
Dark Chocolate Cake (GF).....	100ghc
Chocolate Fudge Brownie with..... a Scoop of Vanilla Ice Cream	130ghc
Vegan Chocolate Cake (GF).....	100ghc
Mix of Fresh Seasonal Fruit (V).....	100ghc
Trio Ice Cream (D).....	80ghc
No Bake Cheese Cake (D).....	150ghc



Chef recommends pairing the following wines with your meal

Salads- Sauvignon Blanc & Rose

Pasta & Pizza- White Blends, Sauvignon Blanc, Chenin Blanc and Rose

Beef- Cabernet Sauvignon, Shiraz, Pinotage and Red Blends

Lamb- Merlot, Shiraz and Cabernet Sauvignon

Pork- Sauvignon Blanc and Merlot

***Legend: (D) Contain Dairy | (H) Hot Spiced | (N) Contain Sesame | (GF) Gluten Free |
(S) Special | (V) – Vegetarian | (SG) – Signature***





Peduase
VALLEY RESORT

Live Life.

